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# Mental Health Matters: Taking Care of Yourself and Your Team

Tina Barton (Senior Elections Expert, The Elections Group) is joined by Avery Davis-Roberts (Associate Director, The Carter Center) and Captain Harold Love (Michigan State Police (Ret.), Owner and Licensed Professional Counselor (LPC), Harold J. Love & Associates) to discuss taking care of yourself and your team.

*Original link: <https://electionsgroup.com/webinar-mental-health-matters/>*